

Southern Girls Always Survive

By Rocky Yost & Mary Kennedy Yost

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In the heart of the 1970s, Hilly Garland is poised to leave her Virginia town for the University of South Carolina, seeking a fresh start and the camaraderie of the "12th Floor Girls." But can she overcome a night that threatened to take everything from her? As Hilly navigates love, friendship, and the trials of college life, she finds her spirit tested by both personal tragedy and the looming shadows of figures like Martha Mitchell and Ted Bundy.

Returning to her roots, Hilly is faced with a daunting choice when a sinister figure from her past rises to power. Will she summon the courage to face him, or will the echoes of her struggles silence her voice? "Southern Girls Always Survive" isn't just Hilly's story-- it's a question of resilience in the face of life's relentless challenges, a testament to the strength that lies within.



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Press Release

The sister and brother team of Mary Kennedy Yost and Rocky Yost are publishing the first novel they've written together, Southern Girls Always Survive, on Leap Day. Theirs is a women's crime fiction tale about survival, persistence, and self-determination.

Hilly Garland has taken a few courses in the school of hard knocks by the time she leaves for college: her father's killed himself, her family's lost everything as a result, and she's been assaulted by a man she trusted.

If Hilly's truthful with herself—and she always is—she would admit that when she arrives at the University of South Carolina in 1970, she's more than a little rattled. When she joins the sisterhood of the "12th Floor Girls," they help her regain the strength to survive—and thrive. And to plot her revenge on her attacker—when the time is right.

Southern Girls likely will appeal to readers of Joshilyn Jackson, Pat Conroy, and Kristin Hannah, because it focuses on sisterhood, strength, and endurance.

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Retail Information

Southern Girls Always Survive Website-

https://www.southerngirls.org/

Amazon-

https://www.amazon.com/Southern-Girls-Always-Survive-Rockyebook/dp/B0CQDL8WFP/ref=tmm_kin_swatch_0? _encoding=UTF8&qid=&sr=#detailBullets_feature_div

Goodreads-

https://www.goodreads.com/book/show/203860493-southern-girls-always-survive









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ROCKY YOST-

A Virginia-bread athlete who went to VMI on a football scholarship, Rocky parlayed his English and history degrees into the foundation for a real estate career. He took a detour into the glitter of L.A, honing his screenplay craft at UCLA Film School, all while keeping the cameras rolling on indie film sets back in Virginia. His debut novel, Southern Girls Always Survive, lets him pay homage to his co-writer/ sister, and his southern upbringing.

KENNEDY YOST-

Like our protagonist Hilly Garland, Kennedy grew up in the hunt country of Virginia, picked up a degree from the U. of South Carolina, and then spent the next eight years in the rock n roll 70's-80's world of Aspen, Colorado. Then back to Virginia and Delaware for a life in retail and also Real Estate before teaming with Rocky to write Southern Girls Always Survive.







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"WOW! WHAT A RIDE! I GOT SUCH A GIRL CRUSH ON THE LADIES OF SOUTHERN GIRLS ESPECIALLY THE BEAUTIFUL AND SMART PROTAGONIST WITH THE NICKNAME OF 'HILLY'."

GLORIA MORRISON

CEO Dreamstreet Entertainment
Producer/Director/Writer

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"IN THIS BOOK, HILLY GARLAND PICKS YOU UP AND TAKES YOU ALONG ON HER ADVENTURES—FROM HER TOUGH CHILDHOOD TO THE COLLEGE YEARS IN WHICH SHE BLOOMED TO THE ROCKY MOUNTAINS. AS A READER, I WAS ROOTING FOR HER ALL THE WAY. NO DOUBT YOU WILL BE, TOO."



AMAZON REVIEW

"I THOROUGHLY ENJOYED THIS DEBUT NOVEL BY ROCKY AND MARY KENNEDY YOST..."

SHELLY LATINOVICH

Blogger, mimiblog.org



Southern Girls Always Survive





PUBLICITY CONTACT INFORMATION

Self Publishing Services is facilitating all press contact and scheduling.

If you are interested in interviewing the authors or featuring this novel, please reach out to our publicist.

Contact Margaret Genevich (Publicist)

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